

The Webinar Will Begin Shortly

Days filled with virtual meetings can mean jumping right from one meeting to another

I invite you to take this time to stretch and take a few deep breaths while we wait to get started





Understanding, Using and Leveraging Fidelity

Monthly Prevention Webinar
August 2020



Today's Presenter



Clare Grace Jones, M.Ed., CPS
IDPH Training Consultant and
Project Manager




A Little Housekeeping

- This meeting is being recorded
- Participants may be muted for parts of the webinar
- Use the chat box throughout
- Following the presentation you will receive:
 - A copy of the presentation and recording
 - Your attendance/CEU certificate

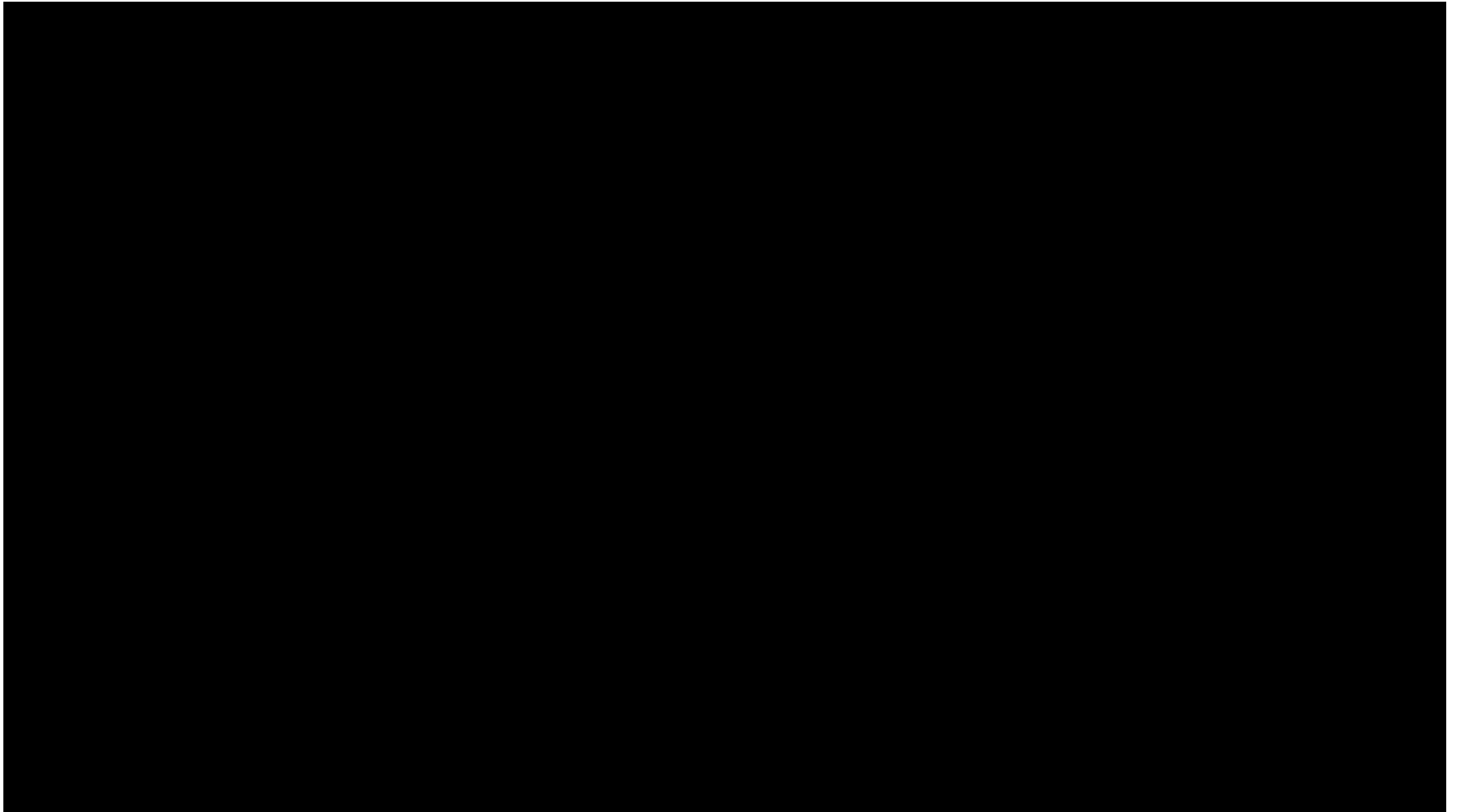
Please allow up to two weeks to receive materials

Contact Clare Grace with any questions
clare.jones@idph.iowa.gov





WebEx Overview



<https://www.youtube.com/watch?v=oemMafQHjL0>





Let's Try a Poll



First: Building on a Solid Foundation



Six Components of a Good Fit



Understanding Fidelity

Fidelity

According to SAMHSA, “Fidelity refers to the degree to which a program is implemented as its original developer intended. Programs or practices that are implemented with complete fidelity are most likely to be effective.”

“Applying the Strategic Prevention Framework (SPF).” SAMHSA - Substance Abuse and Mental Health Services Administration, 30 Sept. 2016, 12:00,
www.samhsa.gov/capt/applying-strategic-prevention-framework/step4-implement.



Fidelity Considerations



- Core components
- Adherence
- Frequency
- Dosage
- Training
- Quality of delivery
- Planned adaptations

Fidelity Considerations



- Retain core components
- Build capacity
- Add rather than subtract
- Cultural adaptations
- Consult the experts

Core Components

The most essential and indispensable components of a practice or program

They represent elements of the theory of change and key delivery steps of an evidence-based approach.




Identification of Core Components

- Context and adherence
- Compliance
- Staff competency
- Training
- Quality of delivery




Example: Contingency Management

This example is for illustrative purposes only

Core Components	
Target behavior	
Target population	
Type of reinforcer/incentive	
Magnitude/amount of incentive	
Frequency of incentive distribution	
Timing of distribution or reinforcement	
Duration of reinforcement intervention	

<http://www.bettertxoutcomes.org/bettertxoutcomes/PDF/Kellog-Stitzer.pdf>

Example: Classroom Based Program

Core Components	

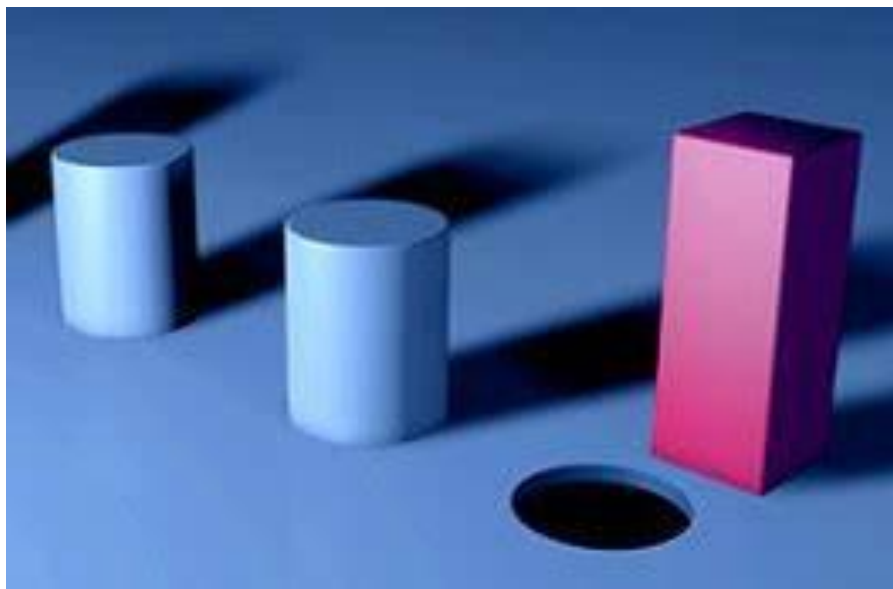
Ensuring Fidelity

- Establish support
- Emphasize importance of fidelity
- Allocate resources
- Provide assistance
- Seek input
- Collaborate
- Establish protocols
- Follow up



Adaptation

Describes how much, and in what ways, a program or practice is changed to meet local circumstances.





Balancing Fidelity and Adaptation

- Identify and understand the theory base
- Locate or conduct a core components analysis
- Assess fidelity/adaptation concerns for the particular implementation site
- Consult as needed with a program developer or TA provider
- Consult with the organization and/or community in which the implementation will take place
- Develop an overall implementation plan based on these inputs (create a logic model)



Examples of Adaptations

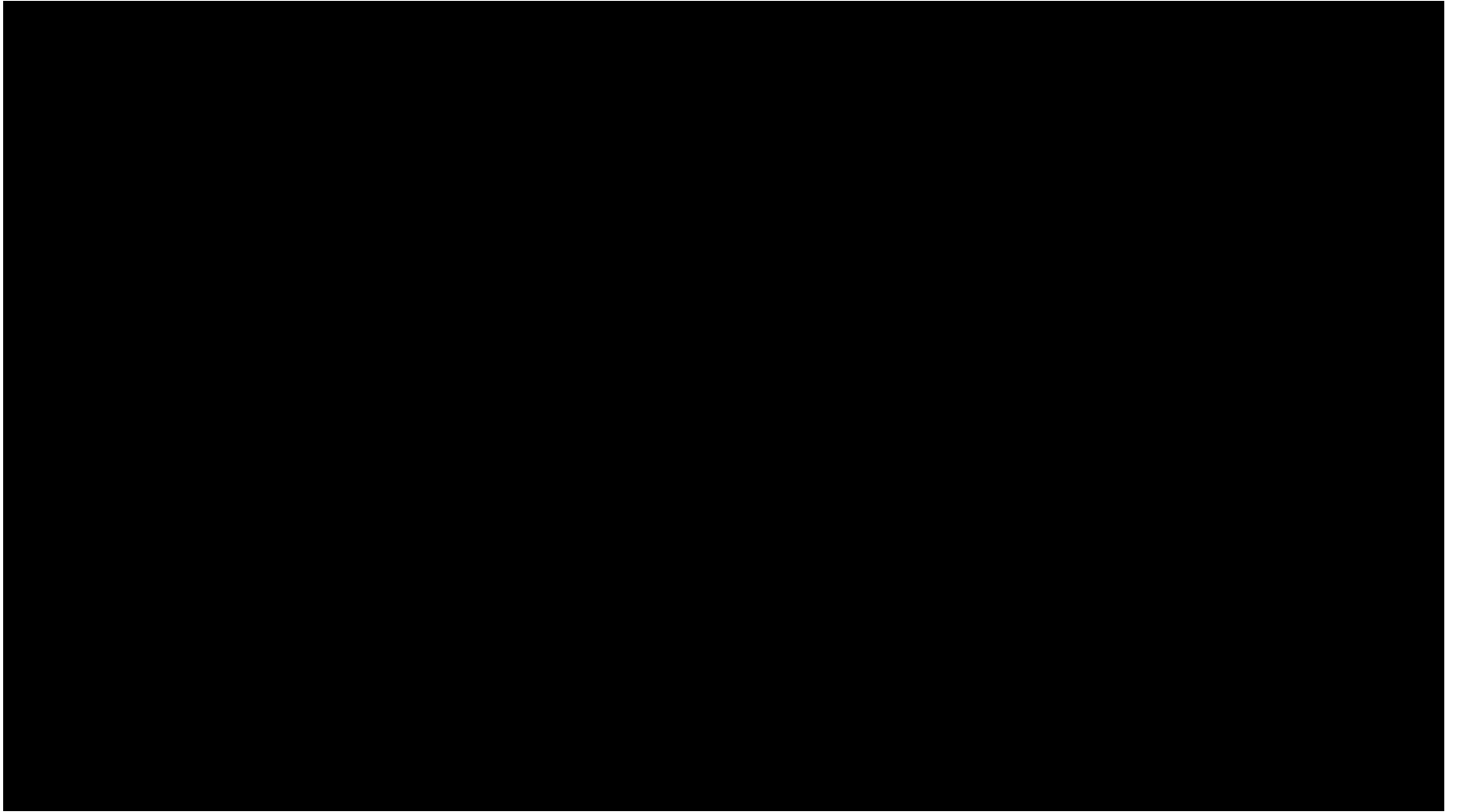
- Abbreviate
- Eliminate
- Reorganize
- Supplement
- Adapting for culture
- Adapting for developmental influences
- Capitalize on participants strengths

Adaptations Should Be

- Researched
- Planned
- Approved
- Documented



Building Capacity for Fidelity



<https://www.youtube.com/watch?v=gciSmD0s5nw>

Who Needs To Be At The Table?



Engage stakeholders who:

- Can provide local context
 - Includes cultural context
 - Disparate populations
- Have needed skills and training
- Have access to resources
- Can provide ongoing monitoring and training
- Can build sustainability



Monitoring Fidelity

Monitoring Fidelity

- Provides positive feedback and opportunities
- Identifies potential problems
- Assists with interpreting outcomes
- Assures funders



Monitoring Fidelity

- Plan ahead
- Utilize tools and checklists
- Monitor progress and results



Fidelity to the Process



Fidelity to the Evidence Based Practices





BASICS Fidelity Checklist


(eCHECKUP TO GO version)

George A. Parks, Ph.D.

Compassionate Pragmatism

geoaparks@earthlink.net

BASICS eCHECKUP TO GO Session 1 Procedures (45-60")

- ☐ Develop Rapport and Trust
 - ☐ Review Confidentiality and its Limits
 - ☐ Orient Student to BASICS
 - ☐ Determine Referral Source: Note if student is mandated and debrief incidence and judicial process
 - ☐ Explore Drinking and Drug Use History
 - ☐ Complete Timeline Followback (TLFB-30) Past 30 Days of Drinking (use date of student code violation as 30th day for mandated students)
 - ☐ Conduct Decisional Balance Exercise
 - ☐ Distribute Self-Monitoring Cards and Instruct Student in their Use: Be careful not to prescribe or assume that drinking will occur between BASICS Sessions 1 and 2 – Tell student about drinking tracking smart phone apps
 - ☐ Administer eCHECKUP TO GO on-site or tell Student How and When to Access eCHECKUP TO GO On-Line Assessment Survey
 - ☐ Wrap-Up Session 1 and Schedule Next Meeting
 - ☐ Complete BASICS Session 1 Case Notes
- 

Leveraging Fidelity

Building Capacity and Sustainability



Key Takeaway



Fidelity is a **process**
and a **resource**

**Questions,
Discussion,
Aha! Moments**



Reminder

- Following the presentation you will receive:
 - A copy of the presentation & link to recording
 - Links or copies of any additional resources
 - Your attendance/CEU certificate
- Please allow for up to 2 weeks to receive materials

Contact Clare Grace with any questions
clare.jones@idph.iowa.gov





<https://www.surveymonkey.com/r/8B792MC>