Did you know?
In Iowa you can purchase naloxone at your pharmacy without a prescription.

It can reverse an opioid overdose.

If you suspect an overdose, call 911.

Signs of an overdose:
- Slow or no breathing
- Vomiting
- Pale/clammy face
- Blue lips or toe/fingernails
- Slow or no pulse
- Snoring or gurgling
- Unresponsive
  (or Unresponsive to sound/touch)

For more information visit YourLifeIowa.org.
If you need help, call 1-855-581-8111.

September 2018