

# METH

GLASS ICE  
CHALK CRANK  
TWEAK CRYSTAL

From 2014-2017, there was a

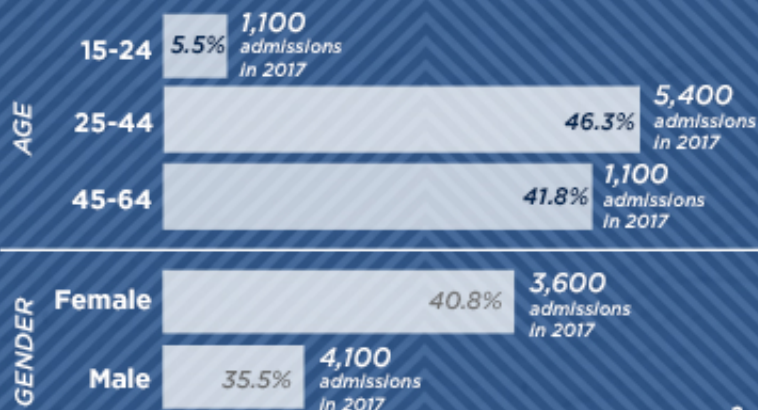
**38% INCREASE**

in methamphetamine  
treatment admissions in

**IOWA**

1

## Increase in Iowa's Methamphetamine Treatment Admissions Since 2014



2

## BEFORE YOU RISK IT

### GET THE FACTS

Meth causes brain changes that make it difficult to stop using.

### KNOW THE RISKS

Meth use can cause a "crash" after the effects wear off. Meth use can cause long-lasting damage to the brain. Meth users who inject drugs and share needles are at risk for acquiring HIV and hepatitis.

3

High doses can elevate body temperature to dangerous, sometimes lethal, levels and cause convulsions and even cardiovascular collapse and death. Meth use may also cause extreme anorexia, memory loss and severe dental problems.

4

The use of methamphetamine during pregnancy carries significant risks. Research shows increased rates of premature delivery and placental abruption. Effects on babies include small size, lethargy, and heart and brain abnormalities.



6

**1,713,000**

persons in the U.S. aged 12 years or older reported using methamphetamine

5

## FIND HELP NEAR YOU

Call (855) 582-8111. Text (855) 895-8398

You can contact Your Life Iowa 24/7 with questions and concerns.

Your call/text/chat is free and confidential.



[yourlifeiowa.org](http://yourlifeiowa.org)