



**If your sports
betting is
getting out
of control,
we're on
your team.**

When you contact 1-800-BETS
OFF, you'll talk to a compas-
sionate professional who un-
derstands what you're going
through. So you can make every
game . . . just a game.

**NO JUDGMENT.
JUST HELP.**

1-800-BETS OFF

Your Life Iowa | Iowa HHS



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Stop. Listen. Understand.

Get your lives back.

Imagine someone you love is pretending all is well with their sports betting. Imagine the burden as the losses pile up.

Imagine feeling powerless, unable to stop. Learn how to start the conversation and how to get both of you help.

Make the call. Get your lives back. 1-800-BETS OFF.

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