
Recovery From Opioid Use Disorder Is Possible

Medication and Counseling Are Available if You're Pregnant or Postpartum

Here are some reasons to consider medication and counseling:

- Research shows treatment of opioid use disorder (OUD) is most effective when medication and counseling are used together.
- Quitting opioids quickly during pregnancy can lead to preterm labor, fetal distress and even miscarriage.
- The FDA has approved three medications to safely and effectively treat OUD in women who are pregnant.





A Healthy Future Is Possible — for You and Your Baby

Talk to a healthcare professional about medication and counseling to help you recover from OUD. You don't have to do this alone.

Medication Is Safe and Effective

FIND HELP 24/7

 **CALL:**

(855) 581-8111

 **TEXT:**

(855) 895-8398

 **CHAT:**

YourLifelowa.org

