

Social

Version 1

YOUR LIFE IOWA

IOWA HHS

Your Life Iowa ✓
Sponsored · 🌐

If your loved one is struggling with gambling, contact us. We can help you help them.

**Stop. Listen.
Understand.**

1-800-BETS OFF

YOUR LIFE IOWA

IOWA HHS

Get your lives back.
Talk to a counselor now.


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Version 2

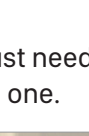


Your Life Iowa 

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People experiencing problem gambling just need help. Learn how to start the conversation with a loved one.








I-800-BETS OFF

Free and confidential help.
For loved ones—and you.


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Version 3



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Many Iowans are at risk for developing a problem with gambling. If your loved one needs help, we're here for you BOTH.



Be there for them.

1-800-BETS OFF





YOUR LIFE IOWA
 IOWA HHS


Counselors available 24/7.

Free and confidential.


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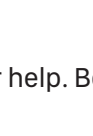


Your Life Iowa

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People with gambling problems need our help. Be the one who's there for them.








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Start the conversation.


Get confidential help.

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Version 5

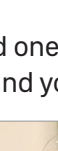


Your Life Iowa

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Is your loved one struggling with a gambling problem? Get help for them – and you – by calling 1-800-BETS OFF.







1-800-BETS OFF


We're here for you.

Call us anytime.

Learn More

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