

TIME TO GIVE IT TO YOU STRAIGHT:

Drinking Any Amount of Alcohol Increases Your Cancer Risk

Alcohol is known to cause several types of cancer including colon, breast and liver cancer.

Learn how to lower
your risk at
YourLifelowa.org/alcohol



Iowa HHS

*Source: 2024 Cancer
in Iowa Report*

02/2025



TIME TO GIVE IT TO YOU STRAIGHT:
**Iowa Has the 4th
Highest Rate of
Alcohol-Related
Cancer**

Iowans, drinking any amount of alcohol increases your risk of cancer. Drink less to lower your risk.

Learn how to lower
your risk at
YourLifeIowa.org/alcohol



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