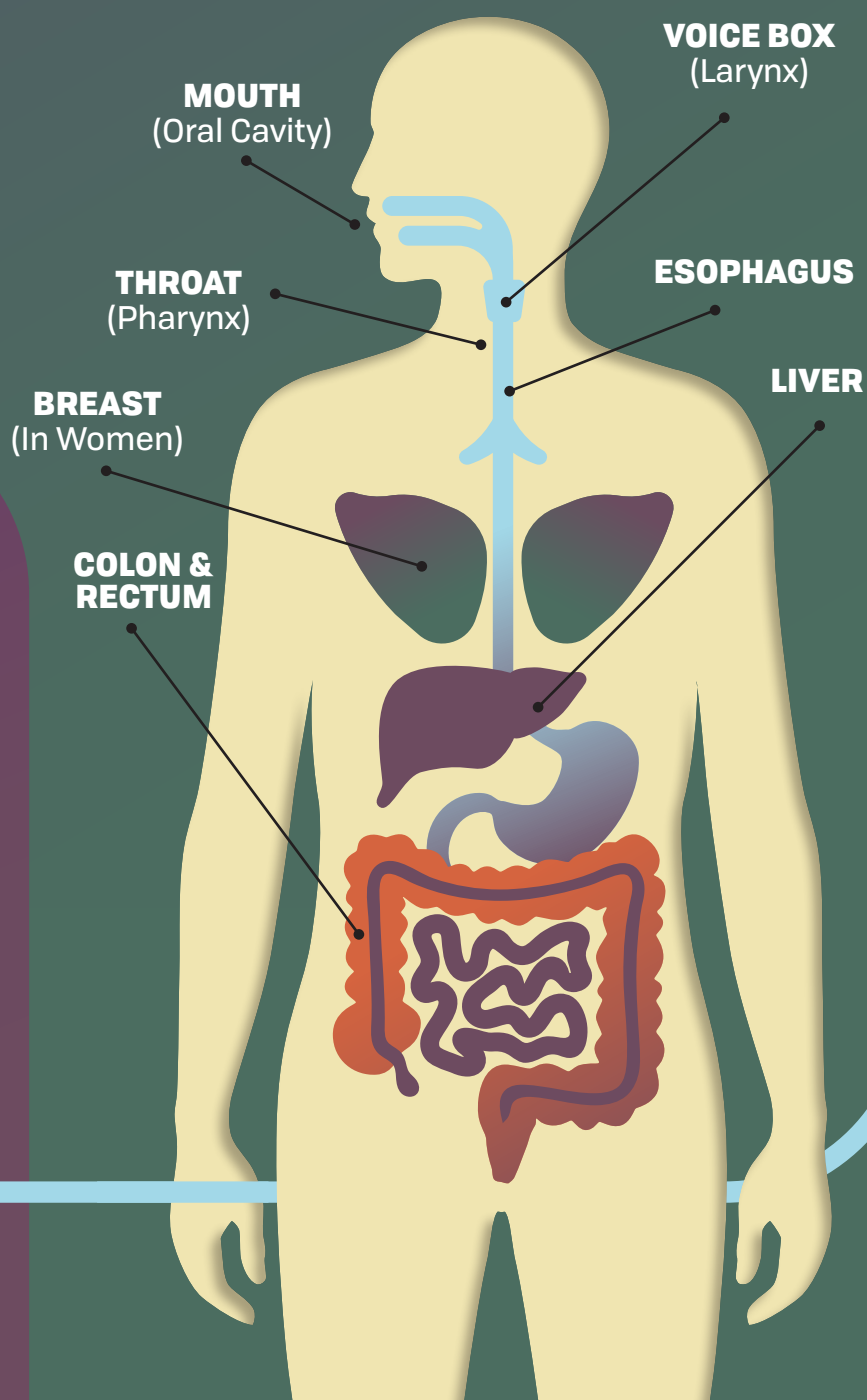


TIME TO GIVE IT TO YOU STRAIGHT:

Drinking Any Amount of Alcohol Increases Your Cancer Risk

It's true — alcohol is known to cause several types of cancer including colon, breast and liver cancer.



You Can Lower Your Cancer Risk Starting Now

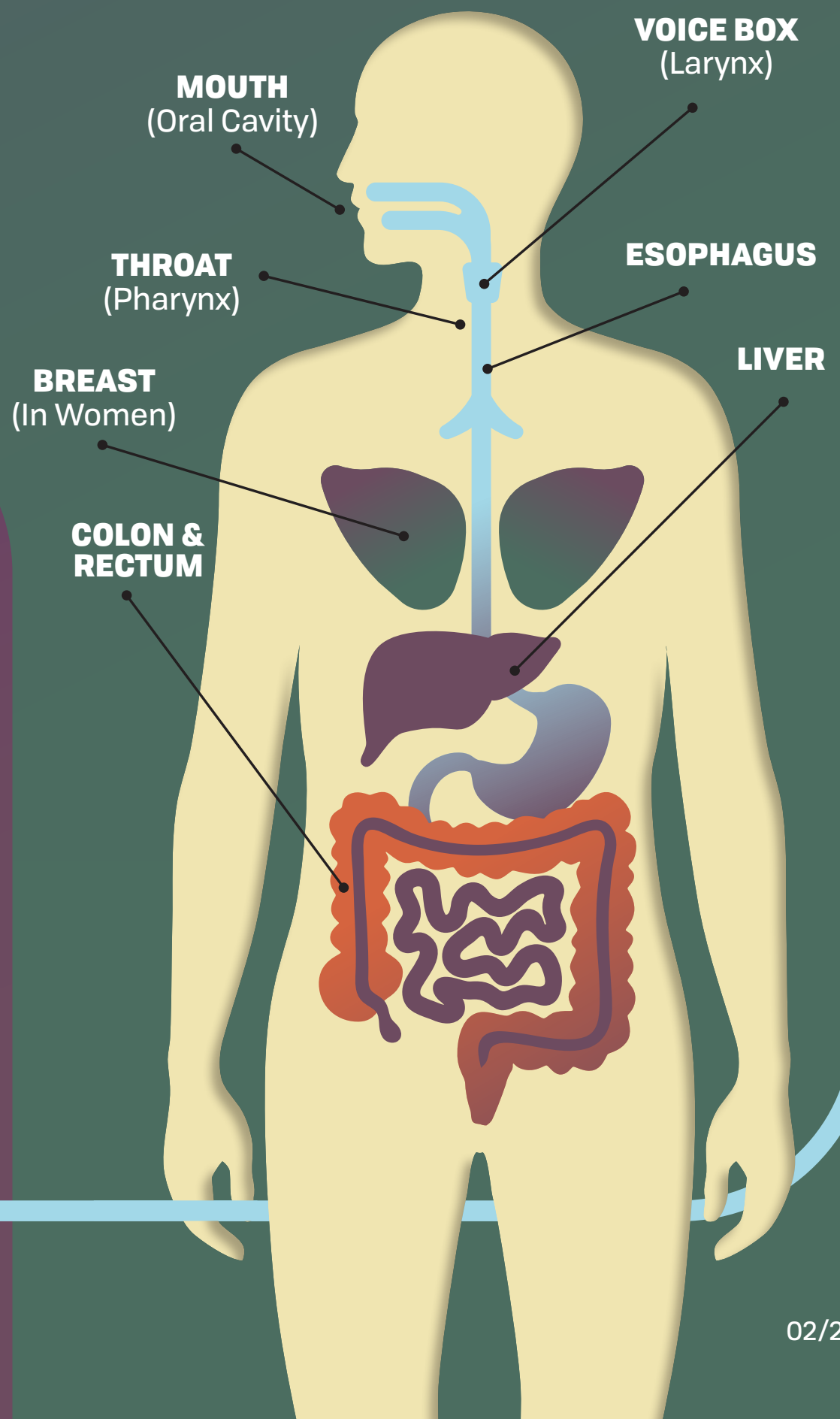
Learn more at
YourLifeIowa.org/alcohol



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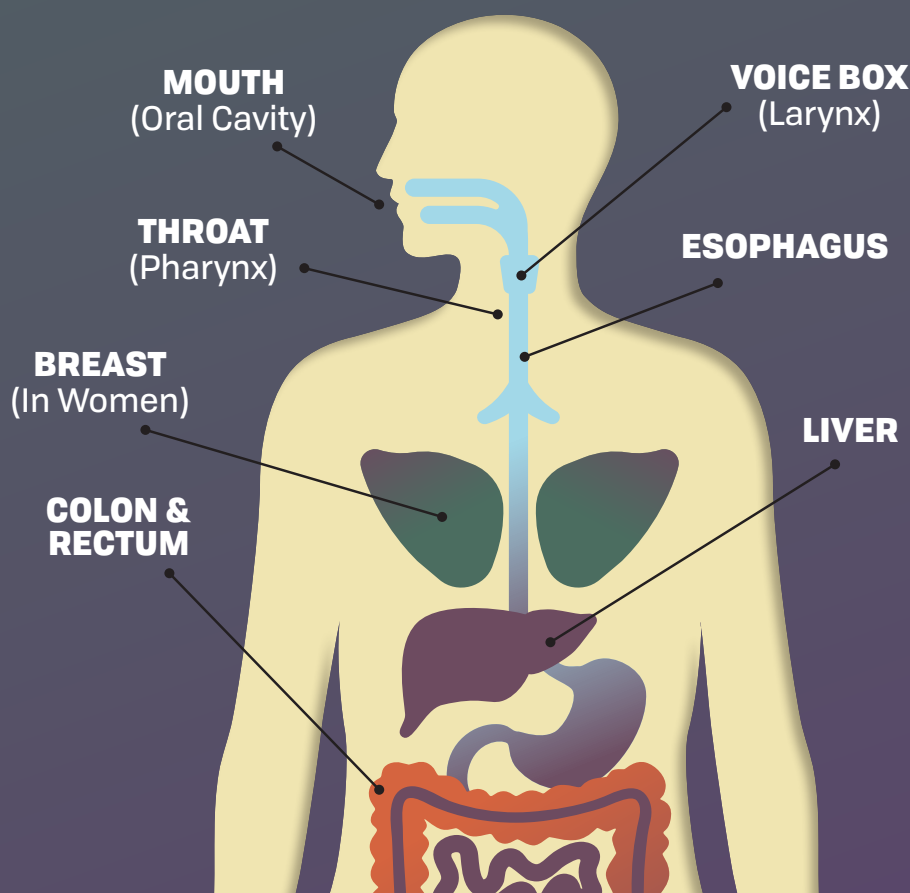
TIME TO GIVE IT TO YOU STRAIGHT:

Iowa Has the 4th Highest Rate of Alcohol- Related Cancer

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Drink less to lower your risk.

Find Tips to Lower Your Cancer Risk

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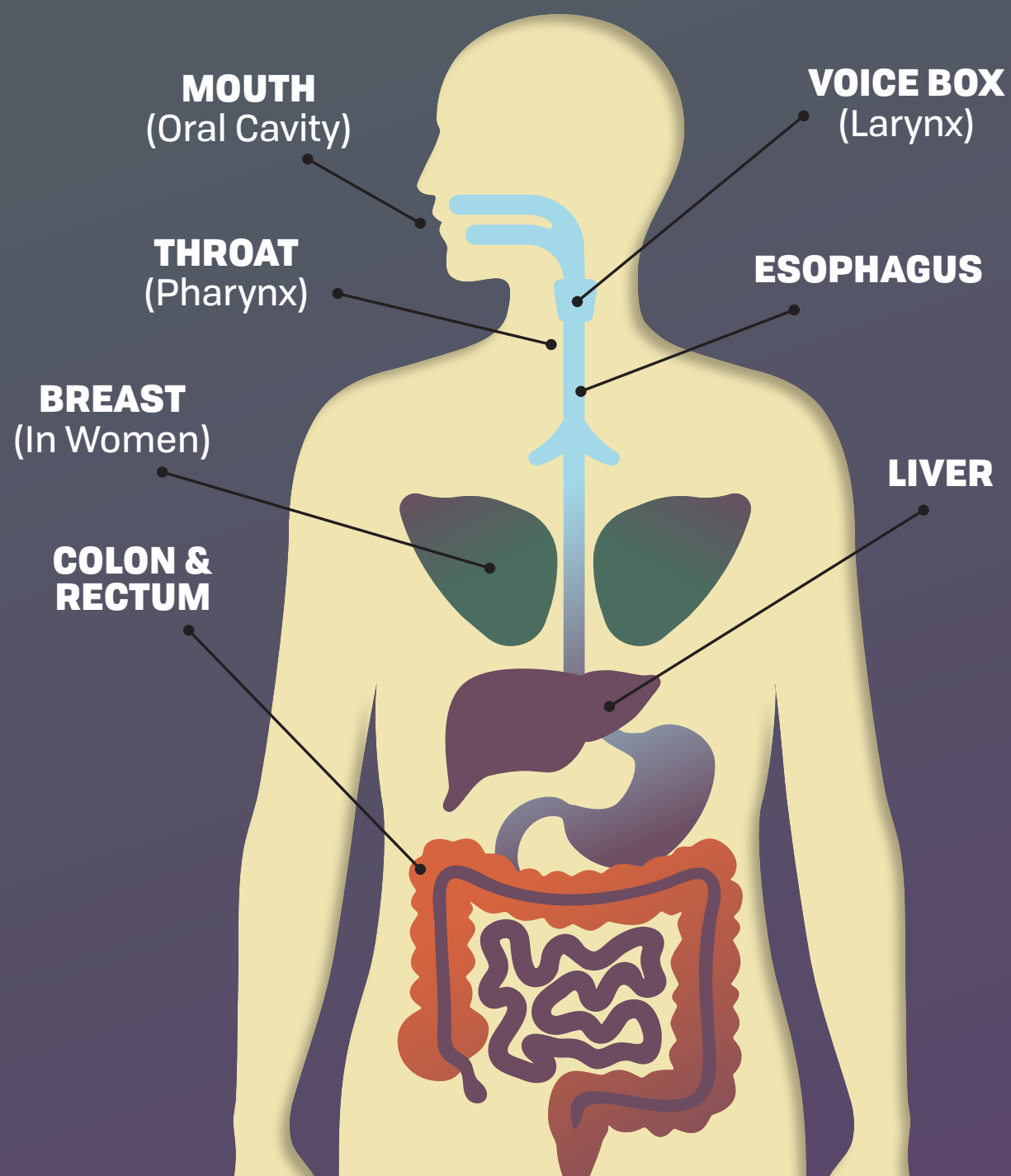
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Source: 2024 Cancer
in Iowa Report