

A dark silhouette of a woman's head and shoulders is positioned on the left side of the image, facing right. Her hair is long and slightly wavy. The background is a solid dark teal color.

**Meth isn't
worth the risk.**

(855) 581-8111 | YourLifelowa.org

A young girl with a braid is shown in profile on the left side of the image, looking down at a teddy bear she is holding. The background is a solid teal color.

**Who will you hurt
if you use meth?**

(855) 581-8111 | YourLifeIowa.org