



# RECOVERY COACH ACADEMY

The CCAR Recovery Coach Academy© is a 5-day intensive training academy designed to provide individuals with an understanding of both the art and science of Recovery Coaching. Delivered in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants to guide and mentor others in recovery from an addiction to alcohol and or other drugs. By focusing on the goals of the individuals being served, participants will learn the key fundamentals of this rewarding work, which CCAR has identified as actively listening, asking really good questions, and treating people as their own best resource, all while discovering and managing our own stuff.

## CCAR RECOVERY COACH ACADEMY© PARTICIPANTS WILL:

- Describe Recovery Coach role and functions
- Discover attitudes about self disclosure and sharing your story
- Increase their awareness of culture, power and privilege
- List the components, core values and guiding principles of recovery
- Understand the stages of recovery
- Address ethical and boundaries issues
- Build skills to enhance relationships
- Describe the stages of change and their applications
- Experience recovery wellness planning
- Explore many dimensions of recovery and recovery coaching
- Practice newly acquired skills

This training provides 30 CEUs/Contact Hours.



### FACILITATED BY FULL CIRCLE RECOVERY

#### DATES + TIMES

Session 1	Monday, February 24, 2025	9am – 4pm
Session 2	Tuesday, February 25, 2025	9am – 4pm
Session 3	Wednesday, February 26, 2025	9am – 4pm
Session 4	Thursday, February 27, 2025	9am – 4pm
Session 5	Friday, February 28, 2025	9am – 4pm

#### LOCATION

Pottawattamie County Public Health Office  
227 6th Street  
Council Bluffs, IA 51501

#### FACILITATORS

Jodie Huju, RCP, RCPF – Full Circle Recovery  
Tracy Gryp, RCP, RCPF – Full Circle Recovery

#### REGISTRATION

The cost of the Recovery Coach Academy is **\$350/person**, and includes the manual, light snacks, water/coffee, and lunches. **Limit of 30 participants.**

**SCHOLARSHIPS available for BIPOC, LGBTQIA+, and formerly incarcerated individuals!**

REGISTER HERE:

