



RECOVERY COACH ACADEMY

The CCAR Recovery Coach Academy© is a 5-day intensive training academy designed to provide individuals with an understanding of both the art and science of Recovery Coaching. Delivered in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants to guide and mentor others in recovery from an addiction to alcohol and or other drugs. By focusing on the goals of the individuals being served, participants will learn the key fundamentals of this rewarding work, which CCAR has identified as actively listening, asking really good questions, and treating people as their own best resource, all while discovering and managing our own stuff.

CCAR RECOVERY COACH ACADEMY© PARTICIPANTS WILL:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

This training provides 30 CEUs/Contact Hours.

DATES + TIMES		
Session 1	Monday, September 16	9am – 4pm
Session 2	Tuesday, September 17	9am – 4pm
Session 3	Wednesday, September 18	9am – 4pm
Session 4	Thursday, September 19	9am – 4pm
Session 5	Friday, September 20	9am – 4pm

LOCATION
Full Circle Recovery Community Center 1750 48th Street Des Moines, IA 50310

FACILITATORS
Cindy West, RCP, RCPF – Full Circle Recovery Wanda Price, RCP, RCPF – Anawim Housing

REGISTRATION
The cost of the Recovery Coach Academy is \$350/person , and includes the manual, light snacks, water/coffee, and lunches. Limit of 30 participants.
Register here: 

