



FOR KIDS: TORNADO RESPONSE

Right After a Tornado

Things often look very different right after a tornado. Your house and other buildings may be damaged. Your things may be lost or be really dirty. Trees may fall down. Your yard and street may be full of rubble. Cleaning things up after a tornado is hard on everyone. You may even see your mom and dad upset.

What You May Be Feeling

- Worried that another tornado will come
- Worried about your mom and dad
- Just plain worried
- Sad
- Angry
- Scared when the weather looks bad
- Confused why the tornado hit some houses and not others
- Having a hard time paying attention
- Having a hard time sleeping



What You Can Do to Help

- Talk to your mom and dad about your feelings
- Take a break from watching TV shows about the tornado
- Play one of your favorite games
- Keep an eye on your pets to make sure they do not get lost or hurt
- Try to do what your mom and dad say. They can help keep you safe while things get cleaned up