

**DO YOU OR SOMEONE YOU LOVE  
HAVE OPIOIDS IN THE HOME?**

Then ask your pharmacist about getting naloxone for **FREE**. This nasal spray is easy to use and could reverse the effects of an opioid overdose until help arrives.



**BE PREPARED TO**

**SAVE**

**A LIFE** with NALOXONE

[NALOXONEIOWA.ORG](http://NALOXONEIOWA.ORG)

# RECOGNIZE AN OVERDOSE

Signs someone may be overdosing on opioids include:

Unresponsive  
when you shout  
their name

Unresponsive to  
sternal rub

Breathing slow  
and/or shallow or  
not breathing at all

Skin and lips  
turning blue  
or gray

Sounds like  
they're choking or  
making snore-like  
gurgling noises

If you see someone  
overdosing, first  
call 911 and then  
give the person  
naloxone. Be sure  
to stay with them  
until help arrives.

IOWA  
HHS