



Your Life Iowa

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Worried you or a loved one may have a problem with sports betting? Get help right out of the gate by calling 1-800-BETS OFF.



**CALLING US
FOR HELP IS
A SURE THING.**

1-800-BETS OFF

Don't chase your losses.

Call us today.

Learn More

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The championship game might be a nail-biter but getting help for problem gambling shouldn't be. We're here to assist, 24/7.



1-800-BETS OFF

Get confidential support.
No judgment. Just help.

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Your Life Iowa ✓

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If you’ve been lying about your sports betting, you might benefit from talking to our supportive counselors. Call today.



**GO HEAD-TO-HEAD
WITH PROBLEM
GAMBLING.**

I-800-BETS OFF

Find support.

No judgment. Just help.

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If this problem gambling warning sign sounds familiar, we can help you get your life back under control. Call us today.



WARNING SIGN #1:
**CONSTANTLY
THINKING ABOUT
GAMBLING**

I-800-BETS OFF

See if you're at risk.

No judgment. Just help.

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There are many signs your sports betting might be going too far.
This is your sign to get free, confidential help now.



WARNING SIGN #2:
**LYING ABOUT
HOW MUCH
YOU GAMBLE**

I-800-BETS OFF

See more warning signs here.

Talk to our counselors.

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Are you at risk for problem gambling? Learn more warning signs – and remember you can always contact us for help.



WARNING SIGN #3:
**BEING SECRETIVE
ABOUT YOUR
GAMBLING HABITS**

I-800-BETS OFF

Learn more warning signs.
Get confidential support.

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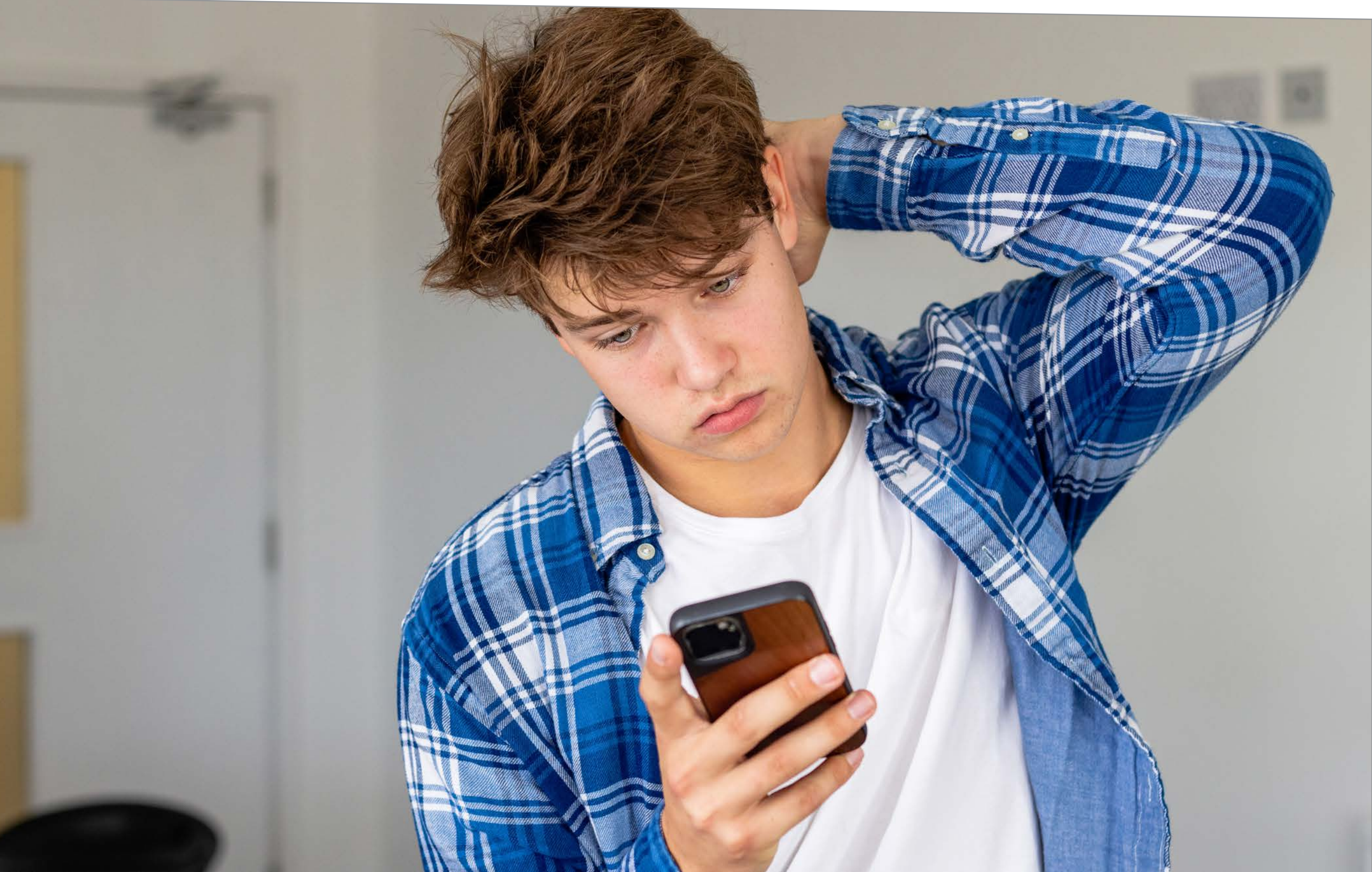
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Getting help for problem sports betting can be one of the best things you do for your relationships and life. Call today.



**NO JUDGMENT.
JUST HELP.**

I-800-BETS OFF

Talk to supportive counselors.

Here for you, 24/7.

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Anyone can develop a problem with sports betting. Before your gambling gets out of hand, call us at 1-800-BETS OFF.



1-800-BETS OFF

Talk to someone today.

No judgment. Just help.

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