

# Here to help your patients through anything.

You want your patients to live the healthiest lives they can. So does Your Life Iowa and the Department of Health and Human Services. Your Life Iowa is the statewide crisis line Iowans can turn to 24/7 for free, knowledgeable support. No matter if they're facing a concern or question with alcohol, drugs, gambling, mental health or suicidal thoughts.

When you refer your patients to Your Life Iowa for help, you can trust they're in good hands. Our trained professionals provide reliable information and resources, connect individuals to counselors and more. In this kit, you'll find brochures, posters and informational cards designed to help you support your patients with Your Life Iowa.

*We walk beside Iowans so they're never alone.*

