

# Suicide Prevention Webinar Series

## Description:

In response to growing concerns about mental health and suicide, the Iowa Department of Public Health and Your Life Iowa are offering four free webinars focused on suicide prevention education.



## Objectives

- Increase understanding and knowledge of suicide in Iowa.
- Increase knowledge of effective skills to provide suicide safe care for special populations.
- Increase awareness of crisis services and resources available in Iowa.

## Details

Continuing Education (CEUs) has been applied for with the Iowa Board of Certification. Participants **must register for each session** and provide their name, and attend an entire session to be eligible.

**There is a separate registration link for each session, with detailed session information on the following pages. Upon completing registration for the preferred session(s), registrants will receive a confirmation email.**

## Sessions

### Session 1: Youth Suicide: Best Practices, 2022

**Date/Time:** June 30, 2022; 9 am - 12:15 pm

**Presented by:** Drew Martel, Foundation 2

[Click here to register](#)

### Session 3: Problem Gambling & Suicide

**Date/Time:** July 28, 2022; 10 am - 11:30 am

**Presented by:** Jerry Bauerkemper, Katie Bee and Keri Neblett, Iowa Dept. of Public Health

[Click here to register](#)

### Session 2: Overview of Iowa's Crisis Service System

**Date/Time:** July 13, 2022; 10 am - 11:30 am

**Presented by:** Julie Maas and Laura Larkin, Iowa Dept. of Human Services; Eric Preuss, Iowa Dept. of Public Health

[Click here to register](#)

### Session 4: How Collaborative Safety Planning Can Help Save Lives

**Date/Time:** August 4, 2022; 8:30 am - 10:30 am

**Presented by:** Richard Strait, Integrated Treatment for Co-occurring Disorders (ITCD)

[Click here to register](#)

# Suicide Prevention Webinar Series



## Session #1

**Title:** Youth Suicide: Best Practices, 2022  
**Time:** 9:00 AM - 12:15 PM

**Date:** June 30, 2022  
**Presenter:** Drew Martel

**I-800-BETS OFF**

**Description:** This webinar will describe the scope of problem, discuss theories as to why youth die by suicide and provide standards of care and treatment protocols for working with youth experiencing suicide ideation. Two guest speakers will present their lived experience of losing their child to suicide.

### Objectives:

- Recognize risk factors specific to youth suicide
- Discriminate between evidenced based and best practice interventions for suicide safety
- Describe standards of care when working with a youth who expresses suicide ideation and/or behaviors

### *Presenter Biography*

**Drew Martel, LISW, CADC**, Director of Crisis Services at Foundation 2 Crisis Services in Cedar Rapids oversees the clinical aspects of service delivery, as well as providing external consultation on operationalizing suicide safe practices within organizations. Drew has been involved in an array of suicide prevention initiatives throughout Iowa. In addition to his work at Foundation 2, Drew is a Site Examiner for The American Association on Suicidology, as well as working in private practice, providing therapy at Meadowlark Psychiatric in North Liberty. Drew has presented at a number of statewide and national conferences on the topic of suicide prevention, including multiple presentations at the American Association on Suicide's National Conference.

Registration Link: [https://us02web.zoom.us/webinar/register/WN\\_b\\_XU37nXS7SxKAWfyuHAyg](https://us02web.zoom.us/webinar/register/WN_b_XU37nXS7SxKAWfyuHAyg)

**CEUs Approved:** 3.25 hrs. / Counseling Theories & Techniques or Special Populations (Iowa Board of Certification)

# Suicide Prevention Webinar Series



**I-800-BETS OFF**

## Session #2

**Title:** Overview of Iowa's Crisis Service System  
**Time:** 10:00 AM - 11:30 AM

**Date:** July 13, 2022  
**Presenter:** Julie Maas, Laura Larkin, Eric Preuss

### Description:

Iowa has many resources to respond to individuals and families experiencing a mental health, suicide, substance use disorder or problem gambling concern but many people are unaware of the services. This webinar will highlight crisis services available including mobile crisis, crisis stabilization units, Access Centers and crisis hotlines including Your Life Iowa and 988.

### Objectives:

- Participants will identify crisis services available in Iowa.
- Participants will become familiar with 988 and how to access crisis services in Iowa.
- Participants will become familiar with Your Life Iowa and the services offered.

**Registration Link:** [https://us02web.zoom.us/webinar/register/WN\\_PXzEOmuuSja6IzZLxkXvlg](https://us02web.zoom.us/webinar/register/WN_PXzEOmuuSja6IzZLxkXvlg)

### *Presenter Biographies*

**Laura Larkin, LMSW**, Executive Officer 2, Iowa Department of Human Services, Division of Mental Health and Disability Services-Community (MHDS-C) has worked in the MHDS Division for 14 years and has over 30 years of human services and mental health experience. Laura provides mental health policy analysis, contract management for community-based mental health and disability services, and is the State Mental Health Block Grant planner.

**Julie Maas, LMSW**, Program Planner 3, Iowa Department of Human Services, Division of Mental Health and Disability Services-Community (MHDS-C) has worked in the MHDS Division for 6 years and has over 15 years of human services and mental health experience. Julie provides mental health policy analysis, contract management for Iowa's 988 Crisis Centers and community-based mental health and disability providers, and is the Project Director for Iowa's 988 Cooperative Agreement with SAMHSA.

**Eric M. Preuss, M.A., IAADC, CCS, LICDC**. Eric is the Your Life Iowa (YLI) Project Director for the Bureau of Substance Abuse at the Iowa Department of Public Health and has been with the Department since 2010. Eric provides daily functional oversight of the YLI project which includes helpline, website, health promotion, and quality assurance/data integrity activities. Additionally, Eric served as the problem gambling services manager in Iowa from 2013-2021 and served on the Board of Directors for National Association of Administrators of Disordered Gambling Services (NAADGS) for 7 years, and served on the Iowa Board of Certification. Prior to joining IDPH, Eric spent over 20 years as a counselor, educator, and leader in the areas of substance use disorder treatment and homelessness. He holds a Master's degree from the Methodist Theological School in Ohio.

**CEUs Approved:** 1.5 hrs. / Counseling Theories & Techniques (Iowa Board of Certification)

# Suicide Prevention Webinar Series



**I-800-BETS OFF**

## Session #3

**Title:** Problem Gambling and Suicide  
**Time:** 10:00 AM - 11:30 AM

**Date:** July 28, 2022  
**Presenters:** Jerry Bauerkemper, Katie Bee,  
Keri Neblett

### Description:

Individuals negatively impacted due to their or a loved ones gambling are more likely than the general public, and even those with other addictive disorders, to contemplate and/or attempt suicide. Participants will learn about Iowa's Public Health approach to addressing Problem Gambling through prevention and treatment services. Furthermore, this webinar will explore evaluation tools that counselors may use to identify and address problem gambling patients who are at greatest risk for suicide. Participants will also be provided counseling tips to best support and treat problem gambling patients experiencing suicidal ideation.

### Objectives:

- Participants will better understand Iowa's Public Health approach to addressing Problem Gambling.
- Participants will be given the statistical prevalence of suicide among those with a Gambling Disorder.
- Participants will be given some testing and counseling questions that will help them identify those Gambling Disordered patients who are contemplating/planning/attempting suicide.
- Participants will be given counseling options and tips on how to actively address suicide and work with gambling disordered clients having thoughts of suicide.

**Registration Link:** [https://us02web.zoom.us/webinar/register/WN\\_Lm3rgC0QQHKBGexFMOEpMg](https://us02web.zoom.us/webinar/register/WN_Lm3rgC0QQHKBGexFMOEpMg)

### *Presenter Biographies*

**Jerry Bauerkemper BS, CDGC.** Jerry is a Consultant to the Office of Problem Gambling at the Iowa Department of Public Health. Jerry is responsible for supporting IDPH Problem Gambling Treatment providers who serve Iowan's experiencing problems due their gambling as well as their families. Jerry is a nationally recognized expert on problem gambling and has provided training throughout the United States.

**Katie Bee, CPS,** Executive Officer 2, Iowa Department of Public Health, Division of Behavioral Health has worked in the Bureau of Substance Abuse for 5 years and has over 13 years of experience in the field of behavioral health. Katie serves as the Project Director for the Office of Problem Gambling providing daily functional oversight of community-based prevention, early intervention, treatment, and recovery support services.

**Keri Neblett, LMSW,** Executive Officer 2, Iowa Department of Public Health, Division of Behavioral Health has worked in the Bureau of Substance Abuse for 1.5 years serving as the Suicide Prevention Director and Project Director for the Zero Suicide Iowa Initiative. She has over 15 years of experience working in suicide prevention and crisis intervention.

**CEUs Approved:** 1.5 hrs. / Counseling Theories & Techniques (Iowa Board of Certification)

# Suicide Prevention Webinar Series



**I-800-BETS OFF**

## Session #4

**Title:** How Collaborative Safety Planning Can Help Save Lives  
**Time:** 8:30 AM - 10:30 AM

**Date:** August 4, 2022  
**Presenter:** Rick Strait

### Description:

Suicide safety plans are an important component in providing suicide safe care. Participants will learn how to use the evidence-based Stanley Brown safety plan template to conduct collaborative safety plans for individuals with thoughts of suicide. The presenter will share lessons learned from his many years of clinical experience and personal experience with suicide safety planning.

### Objectives:

- Participants will be able to identify how safety planning is an intervention that helps save lives.
- Participants will be able to see the value of collaborative safety planning versus clinician driven safety planning.
- Participants will learn about the value of counseling on access to lethal means while doing safety plans.

**Registration Link:** [https://us02web.zoom.us/webinar/register/WN\\_cR7pq\\_LYSgKODQ-Rco5DMQ](https://us02web.zoom.us/webinar/register/WN_cR7pq_LYSgKODQ-Rco5DMQ)

### *Presenter Biographies*

**Rick Strait, LPC, CRDAC** works at Community Counseling Center as their Substance Use Division Director and suicide prevention coordinator. He is a Licensed Professional Counselor and certified substance use disorders counselor. He is faculty for National Zero Suicide Academy. He serves as a board member for United Suicide Survivors International and a board member for the Missouri Association of Treatment Courts. He is the vice-chair for the Missouri Suicide Prevention Network. He is the co-founder of blog [www.listeningaveslives.net](http://www.listeningaveslives.net) Rick works to combine his lived experience, as a suicide attempt survivor with his professional training to help provide support to anyone impacted by suicide while trying to help provide education to help reduce and prevent suicide. Rick's favorite thing to do is spend time with his kids and grandkids on vacation.

**CEUs Approved:** 2 hrs. / Counseling Theories & Techniques (Iowa Board of Certification)