

# Understanding the Iowa Prescription Monitoring Program for Prevention Professionals

According to the Centers for Disease Control, "A prescription drug monitoring program (PMP) is an electronic database that tracks controlled substance prescriptions in a state." PMPs are a lot more than just a database, however, and can provide stakeholders with timely, valid and reliable information regarding prescription medication usage and trends.

Since 2009, the Iowa Prescription Monitoring Program (PMP) has provided Iowa prescribers and pharmacists with information regarding their patients' use of controlled substances. The Iowa PMP is a useful tool to help providers determine appropriate prescribing and treatment of patients without fear of contributing to a patient's abuse of or dependence on addictive drugs or diversion of those drugs to illicit use.

This webinar will provide an overview of the PMP specifically for prevention providers and will cover the following:

- Overview and history of the PMP
- Access and usage
- Trends and best practices
- PMP related efforts in Iowa



**June 4, 2021**

**1:00-2:30 p.m.**

**Audience: This training is designed for substance misuse prevention and problem gambling prevention staff and supervisors, coalition leaders and members, and others interested in prevention in Iowa.**

**Click or paste this link to register:**

<https://us02web.zoom.us/join/zoom-join?secret=8E29AO8eAwDv83RvO&from=addon&fromaddon=tZErdeqhrD4uGtFfDY>

**CEUs have been applied for with the Iowa Board of Certification**

About the presenter: Dr. Mitchell Barnett is the Associate Director of the Iowa Prescription Monitoring Program with the Iowa Board of Pharmacy and Iowa Department of Public Health. Mitch earned an undergraduate degree in pharmacy from the University of Iowa, and later went on to earn a doctorate in pharmacy and a Master's degree, also from the University of Iowa, before completing a post-doc fellowship in clinical outcomes. While relatively new to the world of PMP, he has been actively involved in health services research and patient claims analyses for over 20 years, including holding positions at the Iowa City VAMC Center of Excellence and Touro University-California, College of Pharmacy. He has published over 60 research articles and book chapters and has presented at numerous regional, national and international meetings.



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