

A close-up photograph of a man and a young girl. The man, who has dark curly hair and a beard, is looking down at the girl with a gentle smile. The girl, who has curly hair, is looking up at the man and smiling broadly. They are both wearing red and white striped aprons over grey shirts. The background is softly blurred, showing what appears to be a kitchen setting.

**Mike's an  
enthusiastic baker.**

**A devoted dad.**

**AND A STRUGGLING  
DRUG USER.**

People struggling with addiction have interests and passions. They have people they care about – and people who care about them. But they have a very powerful illness and need help. So they can live the life they want. And deserve.

**See the person.  
Not the addiction.**

**CALL**  
**(855) 581-8111**

**TEXT**  
**(855) 895-8398**

**CHAT**  
**YourLifelowa.org**



IOWA  
DEPARTMENT  
OF PUBLIC  
HEALTH