


YOUR EVERYDAY LIFE SUPPORT

Iowa Department of Public Health/Your Life Iowa

POSTER

11x17



THINK YOU HAVE NO ONE TO TURN TO?

YOUR LIFE IOWA
IOWA DEPARTMENT OF PUBLIC HEALTH

You can always turn to us when you're facing a problem with big issues like alcohol and drugs, problem gambling, suicidal thoughts and more. Our compassionate counselors are here to listen, get you help and be a shoulder to lean on. 24/7.

WERE YOUR EVERYDAY LIFE SUPPORT.

YourLifeIowa.org 855.581.8111 CALL 855.895.8398 TEXT



THINK YOU HAVE NO ONE TO TURN TO?

YOUR LIFE IOWA
IOWA DEPARTMENT OF PUBLIC HEALTH

You can always turn to us when you're facing a problem with big issues like alcohol and drugs, problem gambling, suicidal thoughts and more. Our compassionate counselors are here to listen, get you help and be a shoulder to lean on. 24/7.

WERE YOUR EVERYDAY LIFE SUPPORT.

YourLifeIowa.org 855.581.8111 CALL 855.895.8398 TEXT



THINK YOU HAVE NO ONE TO TURN TO?

YOUR LIFE IOWA
IOWA DEPARTMENT OF PUBLIC HEALTH

You can always turn to us when you're facing a problem with big issues like alcohol and drugs, problem gambling, suicidal thoughts and more. Our compassionate counselors are here to listen, get you help and be a shoulder to lean on. 24/7.

WERE YOUR EVERYDAY LIFE SUPPORT.

YourLifeIowa.org 855.581.8111 CALL 855.895.8398 TEXT



THINK YOU HAVE NO ONE TO TURN TO?

YOUR LIFE IOWA
IOWA DEPARTMENT OF PUBLIC HEALTH

You can always turn to us when you're facing a problem with big issues like alcohol and drugs, problem gambling, suicidal thoughts and more. Our compassionate counselors are here to listen, get you help and be a shoulder to lean on. 24/7.

WERE YOUR EVERYDAY LIFE SUPPORT.

YourLifeIowa.org 855.581.8111 CALL 855.895.8398 TEXT



THINK YOU HAVE NO ONE TO TURN TO?

YOUR LIFE IOWA
IOWA DEPARTMENT OF PUBLIC HEALTH

You can always turn to us when you're facing a problem with big issues like alcohol and drugs, problem gambling, suicidal thoughts and more. Our compassionate counselors are here to listen, get you help and be a shoulder to lean on. 24/7.

WERE YOUR EVERYDAY LIFE SUPPORT.

YourLifeIowa.org 855.581.8111 CALL 855.895.8398 TEXT



THINK YOU HAVE NO ONE TO TURN TO?

YOUR LIFE IOWA
IOWA DEPARTMENT OF PUBLIC HEALTH

You can always turn to us when you're facing a problem with big issues like alcohol and drugs, problem gambling, suicidal thoughts and more. Our compassionate counselors are here to listen, get you help and be a shoulder to lean on. 24/7.

WERE YOUR EVERYDAY LIFE SUPPORT.

YourLifeIowa.org 855.581.8111 CALL 855.895.8398 TEXT

HOW TO GET FILES

The easiest way to access these materials is to visit <https://yourlifeiowa.org/prevention/media-center>.



YOUR EVERYDAY LIFE SUPPORT

Iowa Department of Public Health/Your Life Iowa

TV

(Expires 6/1/24)
:30

For digital use only



(Expires 6/1/24)
:30

For digital use only



HOW TO GET FILES

The easiest way to access these materials is to visit <https://yourlifeiowa.org/prevention/media-center>.

