

Problem Gambling Services

Lunch and Learn Webinar Series

Description:

The Iowa Department of Public Health will be offering a Problem Gambling Services Lunch and Learn webinar series. The series consists of 24 one-hour sessions to be held on Tuesdays and Thursdays during the noon hour beginning April 13, 2021 and concluding on July 1, 2021.

Objectives:

- Increase understanding and knowledge of the history of gambling in Iowa
- Expand understanding on what is gambling and the continuum of problem gambling.
- Learn about and how to implement effective outreach strategies to increase program enrollment and building effective community referral pathways.
- Learn effective and evidence based treatment strategies/techniques including assessment, treatment planning, treatment implementation and recovery support.
- Understand and learn the impacts of gambling on family dynamics and finances and how to incorporate into treatment.

Participants will learn and expand their understanding of gambling, the continuum of problem gambling and gambling treatment (how to assess, plan and implement person centered treatment and recovery support) and the outreach efforts necessary to raise awareness of problem gambling and to enhance/building community referral pathways.

Details

Dates: Tuesday and Thursdays beginning April 13, 2021 and ending 7/1/2021.

Time: 12 -1 PM

CEUs: CEUs have been applied for with the Iowa Board of Certification. Participants must register and provide their name, and attend the entire hour of each session to be eligible for CEU's.

Registration: Use the following link to register for any or all of the sessions in the series: https://us02web.zoom.us/meeting/register/tZYod-ihRT8tE9OknlRM_nq53A7FMS2XknwC. After registering, you will receive a confirmation email for each session registered for.

Presenter Biographies

Jerry Bauerkemper BS, CDGC: Mr. Bauerkemper is the Executive Director of the Nebraska Council on Compulsive Gambling and was the first director of problem gambling (1992 to 1996) for the state of Nebraska where he created the Gamblers Assistance program and pioneered the treatment of gambling counseling in Nebraska. In addition he was appointed and served on the Nebraska's Commission on Problem Gambling. He served on the Board of Directors for the National Council on Problem Gambling from 2001-2008. He currently serves on the National Councils' Legislative committee where he helps raise awareness of problem gambling in Washington DC. Mr. Bauerkemper has been providing counseling to gambling families since 1986. He has published research on the prevalence of problem gambling in the Nebraska Probation Department. He received the "First Step" award in 1999 for his

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work with problem gamblers. Mr. Bauerkemper is a nationally recognized expert on problem gambling and has provided training throughout the United States and South East Asia.

Nicolas Foss IAADC, ICGCII: Nicolas Foss is the Associate Director for Treatment Services at Alcohol and Drug Dependency Services of Southeast Iowa. He is an International Alcohol and Drug Counselor, International Certified Gambling Counselor II, and Board Approved Clinical Consultant. Mr. Foss has specialized in treating problem gamblers for the past 9 years, and is now focused on developing broader evidence based addictions treatment programming at a private non-profit agency in Burlington, IA. Nicolas is an adjunct faculty member at Iowa Wesleyan University and doctoral student at Grand Canyon University in behavioral health leadership.

Session Descriptions

Session #1

Title: Introduction to Gambling Treatment- Part 1

Date: April 13, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: Introduction to Gambling Treatment Part - 1 will begin the process of helping SA and MH counselors understand the Iowa history of gambling treatment.

Objectives:

- Participants will review history of gambling and state involvement.
- Participants will learn the similarities and differences between SUD and Gambling Disorder.

Session #2

Title: Introduction to Gambling Treatment- Part 2

Date: April 15, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: Introduction to the continuum of problematic gambling behaviors and gambling disorder and comorbidity with other disorders

Objectives:

- Participants will learn about what is problem gambling and prevalence.
- Participants will be introduced to the DSM-5 criteria for Disordered Gambling and comorbidity with other Substance use and Mental Health Disorders.

Session #3

Title: Gambling Assessment-Part 1

Date: April 20, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will introduce the assessment tools used to diagnose disordered gambling.

Objectives:

- Participants will understand the tools used to diagnose a gambling disorder.
- Participants will compare and contrast disordered gambling diagnosis and SUD diagnosis.

Session #4

Title: Gambling Assessment-Part 2

Date: April 22, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will concentrate on relevant questions in aiding in the disordered gambling diagnosis assessment. The session will compare and contrast the DSM criteria for SA and disordered gambling.

Objectives:

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- Participants will be given a list of potential questions to ask in completion of a disordered gambling assessment.
- Participants will learn how to use existing SUD assessment data mining skill in completing a gambling disorder assessment.

Session #5

Title: Gambling: ASAM Criteria-Part 1

Date: April 27, 2021

Time: 12:00-1:00 PM

Presenter: Nicolas Foss

Description: This session will compare and contrast the Gambling Disorder ASAM criteria with the Substance Use Disorder ASAM criteria to assist with placement.

Objectives:

- Participants will understand the use of ASAM criteria to determine placement of gamblers in treatment.
- Participants will understand how to use ASAM criteria to develop an initial treatment plan.

Session #6

Title: Gambling: ASAM Criteria-Part 2

Date: April 29, 2021

Time: 12:00-1:00 PM

Presenter: Nicolas Foss

Description: This session will develop help counselor knowledge on how to place individuals experiencing gambling problems within the ASAM criteria.

Objectives:

- Participants will learn the use of ASAM criteria throughout the treatment process to insure proper placement and the best opportunity for recovery.

Session #7

Title: Gambling Pathways– Part 1

Date: May 4, 2021

Time: 12:00-1:00 PM

Presenter: Nicolas Foss

Description: This session will introduce the Pathways model of determining both origin and placement of those diagnosed with a gambling disorder.

Objectives:

- Participants will understand the gambling pathways questionnaire to assist in determining how to develop an appropriate treatment plan and monitor treatment progress.
- Participants will be able to identify the several types of pathways to a gambling disorder and impact on treatment needs and recovery.

Session #8

Title: Gambling Pathways– Part 2

Date: May 6, 2021

Time: 12:00-1:00 PM

Presenter: Nicolas Foss

Description: This session will discuss the treatment implications of disordered gambling using the pathways model of assessment. This model includes disordered gamblers with dual diagnosis.

Objectives:

- Participants will be introduced to the types of treatment needed for each of the gambling pathways.
- Participants will be introduced to the treatment implications of each gambling pathway.

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Session #9

Title: Gambling Counseling –Part 1

Date: May 11, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will introduce the timelines and milestones to be achieved in the “crisis” stages or recovery.

Objectives:

- Participants will understand the “crisis” stage of disordered gambling recovery.
- Participants will be given some tools to help aid in helping clients in the initial “crisis” stage if recovery.

Session #10

Title: Gambling Counseling –Part 2

Date: May 13, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will concentrate on the counselors skills needed to work with disordered clients in the early stages of recovery. Time will be spent on dual diagnosis SA clients and early stage recovery from both disorders.

Objectives:

- Participants will understand the timelines of recovery.
- Participants will understand the milestones of early recovery according to Dr. Custer’s book.
- Participants will be given tools to help aid the clients in “early” recovery stage.

Session #11

Title: Gambling Counseling –Part 3

Date: May 18, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will discuss ongoing recovery and the process of rebuilding lost relationships, careers etc.

Objectives:

- Participants will look at the “middle” stage of recovery.
- Participants will be given some tools to help the disordered gambling clients in “middle” stage of recovery.

Session #12

Title: Gambling Counseling –Part 4

Date: May 20, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will concentrate of discharge criteria and how clients with disordered gambling can show signs of increased SUD issues.

Objectives:

- Participants will understand the “later” stages of recovery
- Participants will be given tools to help in the discharge and integration of the recovering disordered client back into self-care.

Session #13

Title: Gambling: Finances –Part 1

Date: May 25, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will introduce the importance of restoring finances is in the recovery of addictions both SUD and Gambling Disorder.

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Objectives:

- Participants will understand the important role of restoring finances as a foundation of recovery
- Participants will understand the role of finances and money in the progression and recovery of gambling disorder.

Session #14

Title: Gambling: Finances –Part 2

Date: May 27, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will concentrate on the counselor's role in assisting an individual to develop a budget that is sustainable in early recovery.

Objectives:

- Participants will understand their role in the development of a budget for recovery of disordered gambling clients.
- Participants will be given tools to help in development of the financial budget for their clients.

Session #15

Title: Gambling: Finances –Part 3

Date: June 1, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will help counselors deal with creditors and others in developing a restitution plan to pay back all those they have harmed.

Objectives:

- Participants will be introduced to questions needed to complete for an accurate budget to be completed.
- Participants will be given hands on testing of the tools based on their own budgeting skills.

Session #16

Title: Gambling: Finances –Part 4

Date: June 3, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session covers the counselor's ongoing role in maintaining the budgeting process to insure "pressure relief" and the ability to continue in the recovery process.

Objectives:

- Participants will be given the tools for ongoing revisiting of the prepared budget
- Participants will be given the tools to "fix" the budget should relapse or unexpected expenses happen.

Session #17

Title: Gambling: Family Dynamics –Part 1

Date: June 8, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will introduce the family role in recovery and the diagnostics used to help family members understand their role in addiction.

Objectives:

- Participants will begin to understand the similarities and differences in co-dependency between SUD and Gambling Disorder.
- Participants will be introduced to the integration of family into gambling disorder recovery process.

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Session #18

Title: Gambling: Family Dynamics – Part 2

Date: June 10, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will discuss the ongoing need for family involvement in the recovery process.

Objectives:

- Participants will understand the use of finances as a part of family recovery from a gambling disorder.
- Participants will be introduced to tools used to help in family recovery.

Session #19

Title: Gambling: Criminal Justice – Part 1

Date: June 15, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will introduce the need for a relationship with the justice system to help in diagnosing and treating disordered gambling clients.

Objectives:

- Participants will understand the prevalence of disordered gamblers in the judicial system and their most likely entrance points into the justice system.
- Participants will be given the 5 “R’s” of reporting to the justice system on the recovery progress of disordered gambling clients.

Session #20

Title: Gambling: Criminal Justice – Part 2

Date: June 17, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will concentrate on reporting to justice personnel the need for treatment and the progress of those diagnosed with a gambling disorder. This process is also effective in reporting for SUD patients.

Objectives:

- Participants will be able to compare gambling clients and SA clients in the justice system
- Participants will understand the discharge process with disordered clients in the justice system including restitution.

Session #21

Title: Managing Gambling Recovery – Part 1

Date: June 22, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will discuss the latest research and the implications to improving treatment outcomes for those diagnosed with a gambling disorder.

Objectives:

- Participants will be introduced to the latest research to help in the counseling and recovery of those diagnosed with a gambling disorder.
- Participants will discuss the implications of the research presented.

Session #22

Title: Managing Gambling Recovery – Part 2

Date: June 24, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will concentrate on dual diagnosis research and the implications on recovery.

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Objectives:

- Participants will understand the implications of the recovery similarities and differences between Substance Use, Mental Health and Gambling Disorders as advanced by research.
- Participants will be able to discuss the implications of the latest research

Session #23

Title: Gambling: Community Outreach - Part 1

Date: June 29, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will introduce counselors on outreach techniques that are effective in client identity and referral.

Objectives:

- Participants will understand where gamblers go to gamble and where they generally seek initial help
- Participants will compare those places with where SUD and MH patients go and where they seek initial help

Session #24

Title: Gambling: Community Outreach - Part 2

Date: July 1, 2021

Time: 12:00-1:00 PM

Presenter: Jerry Bauerkemper

Description: This session will continue the process of client find and where disordered gamblers are more likely to congregate and where they are likely to go to seek help.

Objectives:

- Participants will develop an outreach plan based of where those experiencing gambling problems seek initial help and begin to develop relationships with those potential referral agents.
- Participants will receive hands on help in developing their plans.