

Gambling Assessment Part 2

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Any questions from last two sessions?

- ▶ Anything that surprised you or shocked you?
- ▶ Anything you disagreed with?
- ▶ Anything that was said that made you think... I have a client that might have a gambling problem?

Goals for today

- ▶ 1. Participants will understand more about the DSM 5 312.31
- ▶ 2. Participants will be given examples of questions that help clients answer the criteria more accurately
- ▶ 3. Participants will be better equipped to identify gamblers in their populations

DSM - 5 9
Questions
Assessment:
Gambling Disorder



1. Are you preoccupied with gambling (e.g. preoccupied with relieving past gambling experiences, handicapping, or planning the next venture, or thinking of ways to get money with which to gamble?)
2. Do you need to gamble with increasing amounts of money in order to achieve the desired excitement?
3. **Have you made repeated unsuccessful efforts to control, cut back, or stop gambling?**
4. Are you restless or irritable when attempting to cut down or stop gambling?
5. **Do you gamble as a way of escaping from problems or of relieving feelings of helplessness, guilt, anxiety, or depression?**

DSM - 5 9
Questions
Assessment:
Gambling Disorder

- 6. After losing money gambling, do you often return another day to get even?**
- 7. Do you lie to family members, therapists, or to others to conceal the extent of involvement with gambling?**
8. Have you jeopardized or lost a significant relationship, job or education or career opportunity because of gambling?
- 9. Do you rely on others to provide money to relieve a desperate financial situation caused by gambling?**

Mild: 4-5 criteria met

Moderate: 6-7 criteria met

Severe: 8-9 criteria met



Are you
preoccupied
with gambling
(e.g.
preoccupied
with relieving
past gambling
experiences,
handicapping,
or planning the
next venture, or
thinking of ways
to get money
with which to
gamble?

- ▶ Follow-up: How often do you think about gambling?
- ▶ Follow-up: Do you ever remember the past gambling and when you do is it positive or negative?
- ▶ Follow-up: How often do you think about how to get more money to gamble?

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- ▶ Past gambling experiences :
- ▶ Do they talk about wins?
- ▶ How do they talk about the gambling venue?
- ▶ Do they talk about self or with others?



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- ▶ thinking of ways to get money with which to gamble?
- ▶ Do they talk needing money to pay bills or gamble?
- ▶ What are ways they have gotten money in the past?



Do you need to gamble with increasing amounts of money in order to achieve the desired excitement?

- ▶ Follow-up: When you first remember gambling how much money did you gamble and is it the same as the last time you gambled?
- ▶ Follow-up: When you gamble now do you get the same feelings as you used to (positive or negative)

Have you made repeated unsuccessful efforts to control, cut back, or stop gambling?

- ▶ Follow-up: How many times have you said I need to change my gambling habits?
- ▶ Follow-up: How many times have you tried to gamble differently to get back to winning again?
- ▶ Follow-up: Have you stopped or slowed down your gambling to please someone else?



**Are you restless
or irritable
when attempting
to cut down or
stop gambling?**

- ▶ Follow-up: So what happens when you stop gambling for a while do you miss it and if so describe the feelings?
- ▶ Follow-up: Have you ever gotten irritable or upset when you have to delay your gambling?
- ▶ Who have you gotten mad at for making you stop gambling?



Do you gamble
as a way of
escaping from
problems or of
relieving
feelings of
helplessness,
guilt, anxiety,
or depression?

- ▶ Follow-up: Have you ever said things like after today I deserve to gamble?
- ▶ Follow-up: Have you ever said I need to gamble today as I feel bad about?
- ▶ Follow-up: Does gambling ever help you overcome sadness or anxiousness?



After losing
money
gambling, do
you often return
another day to
get even?

- ▶ Follow-up: Have you ever said anything like I'll be back to get my money back either to yourself or others?
- ▶ Follow-up: Have you returned to the gambling place later that day or soon after to get your money back?

Do you lie to family members, therapists, or to others to conceal the extent of involvement with gambling?

- ▶ Follow-up: Do you hide the bills from anyone so they won't know how bad the financial situation really is?
- ▶ Follow-up: Have you lied to anyone when they asked where you were and you were gambling?
- ▶ Follow-up: Who knows how much money you have gambled and how bad it has gotten?

Have you
jeopardized or
lost a
significant
relationship,
job or education
or career
opportunity
because of
gambling?

- ▶ Follow-up: Have you lost a job or been reprimanded at work due to missing work or gambling at work ?
- ▶ Follow-up Has anyone in your family questioned your gambling and suggested however strongly you cut down or stop?
- ▶ Follow-up: Are you in fear or concerned about a job or a relationship because of gambling?
- ▶ Follow-up: Does your boss/ spouse/significant other know about your gambling issue?



Do you rely on others to provide money to relieve a desperate financial situation caused by gambling?

- ▶ Follow-up: How many credit cards do you have and are they maxed out?
- ▶ FoDo you rely on others to provide money to relieve a desperate financial situation caused by gambling?
- ▶ Follow-up: Have you borrowed money from family/friends etc.. pay bills because you gambled away more money then you intended or could afford?
- ▶ Do you own or have you used fast cash places to cover your losses?



Brief Biosocial Gambling Screen

▶ BRIEF BIOSOCIAL GAMBLING SCREEN:

▶ 1. During the past 12 months, have you
▶ become restless, irritable or anxious
▶ when trying to stop/cut down
▶ on gambling?

YES NO

▶ 2. During the past 12 months, have you
▶ tried to keep your family or friends
▶ from knowing how much you gambled?

YES NO

▶ 3. During the past 12 months, did you have
▶ such financial trouble as a result of your
▶ gambling that you had to get help with
▶ living expenses from family, friends
▶ or welfare?

YES NO



South Oaks Gambling Screen

- ▶ Tool for adults to screen for gambling
- ▶ Open to anyone to use as it is in public domain



Gamblers Anonymous Questions



1. Did you ever lose time from work or school due to gambling?
2. Has gambling ever made your home life unhappy?
3. Did gambling affect your reputation?
4. **Have you ever felt remorse after gambling?**
5. Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
6. Did gambling cause a decrease in your ambition or efficiency?
7. **After losing did you feel you must return as soon as possible and win back your losses?**
8. After a win did you have a strong urge to return and win more?
9. **Did you often gamble until your last dollar was gone?**

Questions?

- ▶ IDPH requires specific data for completion of their I-smart process. Please add the required data to all intake forms so you don't need to go back and seek out more data from the client.



Next week

- ▶ ASAM Criteria and disordered gambling
- ▶ Nicolas Foss
- ▶ Jessica Hartz

