



## **Minds Matter Mental Health Fair and Homemade with Heart Craft Sale**

### **Date / Time**

Sat, Sep 21, 2024  
9:00am - 3:00pm

### **Location**

140 Gathering Place Lane  
Iowa City, IA52246  
United States

This event is free to the public! The purpose of this event is to connect the community with local nonprofits who provide mental health resources. Our speakers will share with us the importance of "Overcoming Silence, Assumptions, Hardships and Shame." We hope to educate and provide support before an individual finds themselves or a loved one in crisis.

In addition to visiting with agencies who provide mental health supports we have invited the community to shop at our Homemade with Heart Craft Sale. Craft vendors participating have donated a \$30 fee for a space. When we receive financial requests for donations from nonprofits we will be able to provide support.

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For more information, please mail [nhoffman@saintandrew-ic.org](mailto:nhoffman@saintandrew-ic.org).

[Register](#)

For more information about this YLI Calendar Event, please email [yli@hhs.iowa.gov](mailto:yli@hhs.iowa.gov)