



Minds Matter

Event Topic

[Mental Health](#)

Date / Time

Sat, Sep 16, 2023
10:00am - 3:00pm

Location

140 Gathering Place Lane
Iowa City, IA52246
United States

The purpose of this mental health resource fair is to connect individuals and families with local mental health services they may not know are available to them or their loved ones. Local nonprofits and agencies will have booths to talk about the services they provide. Guest speakers will share ways we can be mindful of our mental wellness, advocate for loved ones, and educate about the services currently available in our community.

For more information email Nichole Hoffman at nhoffman@saintandrew-ic.org.

Registration Information

No registration required.

[Register](#)

For more information about this YLI Calendar Event, please email yli@hhs.iowa.gov