



How Collaborative Safety Planning Can Help Save Lives

Event Topic

[Suicide](#)

Date / Time

Thu, Aug 4, 2022
8:30 - 10:30am

Location

Virtual

Suicide safety plans are an important component in providing suicide safe care. Participants will learn how to use the evidence-based Stanley Brown safety plan template to conduct collaborative safety plans for individuals with thoughts of suicide. The presenter will share lessons learned from his many years of clinical experience and personal experience with suicide safety planning.

Objectives:

- Participants will be able to identify how safety planning is an intervention that helps save lives.
- Participants will be able to see the value of collaborative safety planning versus clinician driven safety planning.
- Participants will learn about the value of counseling on access to lethal means while doing safety plans.

Registration Information

- **CEUs Approved:** 2 hrs. / Counseling Theories & Techniques (Iowa Board of Certification)
- Participants must register and provide their name, and attend the entire session to be eligible. Upon completing registration, you will receive a confirmation email.

[Register](#)

Presenter(s)

Rick Strait

Rick Strait, LPC, CRDAC works at Community Counseling Center as their Substance Use Division Director and suicide prevention coordinator. He is a Licensed Professional Counselor and certified substance use

disorders counselor. He is faculty for National Zero Suicide Academy. He serves as a board member for United Suicide Survivors International and a board member for the Missouri Association of Treatment Courts. He is the vice-chair for the Missouri Suicide Prevention Network. He is the co-founder of blog www.listeningsaveslives.net Rick works to combine his lived experience, as a suicide attempt survivor with his professional training to help provide support to anyone impacted by suicide while trying to help provide education to help reduce and prevent suicide. Rick's favorite thing to do is spend time with his kids and grandkids on vacation.

Substance Use Division Director

Attachments

[Webinar Series on Suicide Prevention 2022.pdf](#)(478.81 KB)

[How collaborative safety planning can help save lives.pdf](#)(2.12 MB)

For more information about this YLI Calendar Event, please email yli@hhs.iowa.gov