



## **Overview of Iowa's Crisis Service System**

### **Event Topic**

[Mental Health](#)

### **Date / Time**

Wed, Jul 13, 2022

10:00 - 11:30am

### **Location**

Virtual

Iowa has many resources to respond to individuals and families experiencing a mental health, suicide, substance use disorder or problem gambling concern but many people are unaware of the services. This webinar will highlight crisis services available including mobile crisis, crisis stabilization units, Access Centers and crisis hotlines including Your Life Iowa and 988.

### **Objectives:**

- Participants will identify crisis services available in Iowa.
- Participants will become familiar with 988 and how to access crisis services in Iowa.
- Participants will become familiar with Your Life Iowa and the services offered.

### **Registration Information**

- **CEUs Approved:** 1.5 hrs. / Counseling Theories & Techniques (Iowa Board of Certification)
- Participants must register and provide their name, and attend the entire session to be eligible. Upon completing registration, you will receive a confirmation email.

[Register](#)

### **Presenter(s)**

## **Eric Preuss**

**Eric M. Preuss, M.A., IAADC, CCS, LICDC.** Eric is the Your Life Iowa (YLI) Project Director for the Bureau of Substance Abuse at the Iowa Department of Public Health and has been with the Department since 2010. Eric provides daily functional oversight of the YLI project which includes helpline, website, health promotion, and

quality assurance/data integrity activities. Additionally, Eric served as the problem gambling services manager in Iowa from 2013-2021 and served on the Board of Directors for National Association of Administrators of Disordered Gambling Services (NAADGS) for 7 years, and served on the Iowa Board of Certification. Prior to joining IDPH, Eric spent over 20 years as a counselor, educator, and leader in the areas of substance use disorder treatment and homelessness. He holds a Master's degree from the Methodist Theological School in Ohio.

Image



Your Life Iowa Project Director

## **Julie Maas**

**Julie Maas, LMSW**, Program Planner 3, Iowa Department of Human Services, Division of Mental Health and Disability Services-Community (MHDS-C) has worked in the MHDS Division for 6 years and has over 15 years of human services and mental health experience. Julie provides mental health policy analysis, contract management for Iowa's 988 Crisis Centers and community-based mental health and disability providers, and is the Project Director for Iowa's 988 Cooperative Agreement with SAMHSA.

Program Planner 3

## **Laura Larkin**

**Laura Larkin, LMSW**, Executive Officer 2, Iowa Department of Human Services, Division of Mental Health and Disability Services-Community (MHDS-C) has worked in the MHDS Division for 14 years and has over 30 years of human services and mental health experience. Laura provides mental health policy analysis, contract management for community-based mental health and disability services, and is the State Mental Health Block Grant planner.

Executive Officer 2

### **Attachments**

[Summer Series Final Flier.pdf](#)(756.08 KB)

[Webinar Series on Suicide Prevention 2022.pdf](#)(891.89 KB)

[Crisis Services Presentation \(2022 07 13\)v2.pdf](#)(666.01 KB)

[MHDS Regions 7-1-2022 including 2020 Population.pdf](#)(290.17 KB)

[YLI Resource Center Order Form \(2022 07 01\).pdf](#)(366.87 KB)

For more information about this YLI Calendar Event, please email [yli@hhs.iowa.gov](mailto:yli@hhs.iowa.gov)