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Choices – Defeating Problem Gambling

Event Topic
Gambling

Date / Time
Wed, Mar 10, 2021
2:00 - 3:30pm

Location
Virtual

This session will review the Choices workbook (download here) and best practice strategies for use by the problem gambling professional with individuals seeking problem gambling treatment.

Objectives

- Understand the rationale for brief motivational interventions supporting self-directed change in problem gambling
- Understand the evidence-based for effectiveness.
- Learn strategies for using Choices-Defeating Problem Gambling with clients.

Register

Presenter(s)

David Hodgins, PhD, RPsych, FCAHS

David C. Hodgins, Ph.D., is a professor in the Program in Clinical Psychology in the Department of Psychology, University of Calgary and a coordinator with the Alberta Gaming Research Institute. He is registered as a Clinical Psychologist in Alberta. His research interests focus on various aspects of addictive behaviors including relapse and recovery from substance abuse and gambling disorders. He has conducted a number of randomized clinical trials of both brief and more traditional addiction treatment models. He is director of the Addictive Behaviors Lab at the University of Calgary and maintains a private practice in Calgary in addition to providing consultation to a number of organizations internationally. Dr. Hodgins co-chairs the Scientific Working Group of the National Low Risk Gambling Guidelines development project.

Professor - Clinical Psychology

Attachments
[PG Webinar Series March 2021.pdf](#)(295.03 KB)
[Leveling Up in How We Understand and Address Gambling and Gaming (2021 03 03).pdf](#)(3.59 MB)

For more information about this YLI Calendar Event, please email yli@hhs.iowa.gov