



Substance Abuse Prevention Skills Training - Phase 1

Event Topic

[Drugs](#)

Date / Time

Wed, Oct 2, 2019

8:00am - Thu, Oct 3, 2019

11:59pm

Location

Midwest Counterdrug Training Center
7105 NW 70th Ave Camp Dodge JMTC
Johnston, IA50131
United States

The Iowa Department of Public Health (IDPH), in collaboration with Midwest Counterdrug Training Center (MCTC), is offering the national CAPT version of Substance Abuse Prevention Skills Training (SAPST). The curriculum has the most current information available on evidence-based prevention practices and programs. SAPST will enable participants and agencies to gain the ability to enhance their efforts and design prevention programs that create real, long term results.

This tuition-free training has three parts: a 4-hour online course (pre-requisite), entitled Introduction to Substance Abuse Prevention: Understanding the Basics, followed by two separate 2-day resident training sessions. Phase I requirements include completing the online training and the 1st 2-day resident training session. Participants that complete Phase I will be auto-enrolled into Phase II for the remaining 2-day resident block.

****Participants must be able to complete all 3 parts****

What is the Substance Abuse Prevention Skills Training (SAPST)?

- Foundational course of study in substance abuse prevention
- Innovative training that blends two 2-day in-person components with an interactive online unit
- For Iowa's entry-level prevention practitioners and professionals working in related fields
- Grounded in current research and SAMHSA's Strategic Prevention Framework (SPF)
- Provides knowledge and skills to implement effective, data-driven prevention programs, practices, and policies that reduce behavioral health disparities and improve wellness

Are continuing education hours available?

- The IC&RC Prevention Committee has endorsed SAPST as an IC&RC-approved curriculum. This endorsement ensures that SAPST is applicable to IC&RC's prevention specialist domains and can be used toward the IC&RC's Prevention Specialist credential requirements.
- SAPST has also been approved by NAADAC, the Association for Addiction Professionals.
- Participants completing SAPST will receive a certificate for 31 hours of training. Certificates can be submitted to credentialing authority toward certification or re-certification.

What does the SAPST cover?

- Introduction to Substance Abuse Prevention: Understanding the Basics (Online Pre-requisite)
- Basic terminology and facts, history of substance abuse, prevention in the U.S.
- Addiction and the brain; effects and health risks of alcohol, tobacco, and other drugs

Setting the Foundation: From Theory to Practice (In-person)

- Behavioral Health
- Institute of Medicine's Continuum of Care
- The Public Health Approach
- Risk and Protective Factors
- Developmental Perspective

Application: SAMHSA's SPF (In-person)

- Assessment, Capacity, Planning, Implementation, and Evaluation
- Cultural Competence, Sustainability

Registration Information

Who is the intended audience?

Substance Abuse Prevention Specialists, public health professionals, educators, coalition leaders, and professionals working in related fields.

** Participants wanting to utilize the SAPST course to meet the Iowa Board of Certification requirements for Prevention Specialist Certification must attend all 4 days of resident training and complete the online prerequisite.*

What are the prerequisite requirements?

TBD

When is the Phase II?

All students who complete this Phase I training will automatically be enrolled in the Phase II, November 14-15, 2019.

Is free lodging available?

Free lodging is only available if noted within the registration process.

How often is the SAPST offered in Iowa?

This course is offered two times per year, once in the fall and once in the spring. The course dates are set 3-6 months before the training occurs and once confirmed, are posted on the MCTC website.

Who can tell me more?

Julie Hibben from IDPH is the POC for this course and may be contacted for additional information at 515-725-7895 or Julie.Hibben@idph.iowa.gov.

[Register](#)

For more information about this YLI Calendar Event, please email yli@hhs.iowa.gov